

# Jane M. Hart, Ed.D.

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## EDUCATION

- Ed.D. Psychological Education, Human Services and Applied Behavioral Sciences, University of Massachusetts, Amherst, MA 1988
- M.Ed. Counselor Education, St. Lawrence University, Canton, NY 1976
- B. S. Sociology. Member of *Alpha Kappa Delta*, National Sociology Honor Society. St. Lawrence University, Canton, NY 1975

## PROFESSIONAL EXPERIENCE

### TEACHING

**Lecturer** Rosemont College 2006-present  
Rosemont, PA

Teach Addiction Counseling Strategies and Techniques for Counseling Psychology Masters Program in the School of Graduate and Professional Studies.

**Teacher** The Psychosynthesis Center 1995-1999  
For Spiritual Psychology

Design and teach in-depth theoretical and experiential training in Spiritual Psychology, focusing on individual vision, purpose and mission. Facilitate the development and application of independent final projects. Create and present graduate courses, community presentations and advanced seminars.

**Associate Professor** Chestnut Hill College 1992-1994  
Philadelphia, PA

Taught Introductory and Advanced Counseling and Theory courses for Graduate Addictions Program in Graduate Division of Counseling Psychology and Human Services.

**Teaching Associate** University of Massachusetts 1983-1987  
Amherst, MA

Taught undergraduate and advanced degree courses in Theories of Human Development, Instructional Skills, Dynamics of Human Behavior, and Educational Psychology.

**Associate Professor** College of St. Rose 1976-1979  
Albany, NY

Taught graduate courses for School of Education Masters Degree Program in Human Development, and Human Relations Skills.





Associate Director

Student Development Center  
Clarkson University  
Potsdam, NY

1980-1982

First co-director appointed to university counseling center. Expanded university support services for women students, staff and faculty. Supervised graduate counseling interns. Advised and consulted with campus-wide academic and administrative committees.

#### SELECTED PUBLICATIONS

Hart, Jane M. (Spring, 2004) The Spiritual Path to Life, Career and Self Change, *Career Planning and Adult Development Journal*, Vol. 20, No. 1, pp. 99-107.

Hart, Jane M. (Winter, 2002) Global Healing Stories, *Progressive Health*, pp. 8 & 18.

Hart, Jane M. (Sept. 2002) One Woman's Journey of Healing: Her Contribution to a Research Project on Changing Notions of Healing, *International Journal of Healing and Caring*, Vol. 2, No. 3, [www.ijhc.org](http://www.ijhc.org).

Hart, Jane M. (Oct. 2004) The Spiritual Nature of Healing, The Forge Institute, p. 3-5.

Hart, Jane M. (Sept. 2005) Elements of Courage, (July 2004) The Spirit Of Humor  
[www.thehealingbridge.org/writings/html](http://www.thehealingbridge.org/writings/html)

Hart, Jane M. (2004) Unity—The Invisible Presence, Introduction in Conley, C., *Unity Symbols*, Chapel Hill, NC, High Brow Pencil Press.

Hart, Jane M. (Jan. 2005) Our Sacred Places, (Nov. 2004) Thresholds of Trust and True Freedom, (Sept. 2004) Fallibility, Forgiveness and Freedom, (Nov. 2002) Back Porch Blessings, (May 2002) A Natural Discipline, (Dec. 2001) A New Age Matures, (Sept. 2001) A Reunion of Spirit and Science, (July 2001) On The Path - Finding Our Way, (Jan. 2001) The Flow of Re-creation, (Dec. 2000) Meditating In The New Year, (Nov. 2000) A Communal Spirit, (Sept. 2000) Awakening to a Vital Spirituality, *Yoga Living Journal*.

Journal and Newspaper Interviews for: Alternative Medicine, July/August 2002. Main Line Times, June 26, 2003. Suburban and Wayne Times, July 15, 2004. Daily Local News, May 30, 2003.

#### SELECTED PROFESSIONAL PRESENTATIONS

"The Healing Bridge." Radio Interview on CVUE-FM, Sechelt, BC, Canada, July 2006.

"Spirituality in Clinical Practice." Panel presentation for Idealist Youth Conference University of Pennsylvania, Philadelphia, PA, Spring 2005.

"Integrative Health." Radio Interview on WCHE, West Chester, PA, February 2005.

"Recovery and Healing: A Partnership of Wholeness." Three day CAC certification training, DADAMH Summer Institute, University of Delaware, Newark, DE, July 2004.

Team Building Day for Dansko, Inc., Hart/Katz & Associates, Unionville, PA, June 2003.

"A Vision for Healing Mind, Heart & Spirit." Managing Huntington's Disease Conference. Philadelphia, PA, October 2002.

"Surrender to Healing." Radio Interview on WVUD-FM, University of Delaware, August 2002.

"Healing Workshop." Springhaven Wellness Center, Malvern, PA, March 2002.

"Surrendering to A New Vision of Self." Women and Spirituality Conference, Minnesota State University, Mankato, October 2001.

"A Millennium Retreat, The Journey from Loneliness to Connection." Institute for Staged Recovery, Cape May Point, NJ, September 1999.

The First Annual Conference on Authentic Process Therapy, Institute for Staged Recovery, Cape May Point, September 17-19, 1999.

"The Soul of Healing." Keynote Speech, Medicine for the New Millennium Conference, Delaware Valley Wellness Network, Bryn Mawr, PA September 1999.

"The Many Faces of Spirituality." National Association of Alcohol and Drug Abuse Counselors National Conference, Philadelphia, PA, May 1999.

"Awakening to Your Intuition." Reach to Recovery Conference, American Cancer Society, Hershey, PA, April 1999.

"Architecture of the Soul." Three day CAC certification training, 27<sup>th</sup> DADAMH Summer Institute, University of Delaware, Newark, DE, July 1998.

"Wise Use of the Will." Workshop, Malvern, PA, September 1998.

"Spirituality in Clinical Practice." Panel presentation for Citizen's Alliance for Progressive Health Awareness, Wayne, PA, December 1997.

Radio Interview on WCHE, Random Acts of Kindness Week, West Chester, PA, February 1995.

"Reclaiming Your Intuition." Northwestern Institute, Philadelphia, PA, October 1995.

"Deepening Spiritual Awareness." Pennsylvania and Delaware Departments of Health, Office of Drug and Alcohol Programs, 2 day CAC certification trainings, May 1998, 2000, 2004

"Opening to a Vital Spirituality." Pennsylvania Department of Health, Office of Drug and Alcohol Programs, Lake Harmony, PA, 2 and 3 day CAC certification trainings 1995-1999.

"The Dance of Spirituality." 10 week Women's Psycho-educational Group, 1994-1999.

"Surrendering to Sobriety." Western Massachusetts Conference on Substance Abuse in the 1990's, Chicopee, MA May 1990.

"Surrendering to a New Life: A Process Model of Recovery." National Association of Alcohol and Drug Abuse Counselors, Boston, MA, June 1990.

"Working with Defenses." Northeast Regional Employees Assistance Professionals Association, Springfield, MA, April 1989.

"Adult Developmental Change." National Student Development Conference, New Haven, CT, April 1986.

"Rape Counseling." In-Service Training for Professional Staff of St. Lawrence County Community Services, Fall 1981.

"Victim or Victor: Dealing with Harassment and Sexual Assault." Fifth Annual Conference for Educational Office Personnel, St. Lawrence/Lewis Counties, Potsdam, NY, Fall 1981.

"Fantasy Door Approach." American Personnel and Guidance Association, St. Louis, MO, March 1981.

"Common Sense Self Defense." Guest Speaker for first of seven Educational Television series for PBS, Spring 1981.

"Dealing with Personal Crisis." Region III Counselors Conference, Saranac Lake, NY, Spring 1980.

"Fantasy Relaxation Technique." European Branch of American Personnel and Guidance Association, Munich, Germany, September 1979.

"FRT: Fantasy Relaxation Technique." First American Conference on the Fantasy-Imaging Process, Chicago, IL, October 1978.

#### ADDITIONAL PROFESSIONAL TRAINING AND CERTIFICATION

Certified Therapist in EMDR, EMDRIA, since July 2007  
 National Certified Counselor, NBCC, since 1995  
 Licensed Professional Counselor, Pennsylvania. 2002 to present  
 Psychological Trauma Conference, Bessel van de Kolk, MD. June 2006  
 EMDR Training, Level Two, Francine Shapiro, PhD, 2000.  
 EMDR Training, Level One, Steve Silver, PhD. 1999.  
 Authentic Process Therapy, Institute for Staged Recovery. 1999  
 Forgiveness and Energy Training, Institute for Advanced Clinical Training. 1999  
 Counseling the Sex Addict 7 day Intensive Training, Patrick Carnes, PhD. 1998  
 Psyche and Cosmos 5 day training, Stan Grof, MD and Rick Tarnas, PhD. 1998  
 Holotropic Breathwork 8 day Intensive, Stan Grof, MD & Jack Kornfield PhD. 1997  
 Spirituality and Healing in Medicine, Harvard Medical School Annual Conference. 1998  
 Psychosynthesis Training Program. Cher Franklin, PhD and John Franklin, PhD, 1992-1995  
 American Hypnotherapy Institute Certification. 1994  
 Ericksonian Hypnosis Training. Institute for Advanced Clinical Training, Inc. 1993  
 Harvard University. Clinical Development Institute. 1984 and 1985  
 Person Centered Approach 12 day Intensives with Dr. Carl Rogers. 1978 & 1980  
 Consulting Internship with Dr. Martin Seldman and Ridge Consultants. 1975-1977

#### PROFESSIONAL ORGANIZATIONS

National Board of Certified Counselors  
 EMDR International Association  
 Association for the Advancement of Psychosynthesis  
 Institute of Noetic Sciences  
 Association for Humanistic Psychology  
 Association for Transpersonal Psychology

**CONTACT INFORMATION**

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